

Open Door Trust - May Courses

- On Friday 14th May, we will be starting our next three-session money management course, helping you to learn how to budget and be more in control of your finances. You do not have to be in debt to benefit from this course.

The course dates are May 14th, 21st & 28th from 1:30 - 2.45 on Zoom.

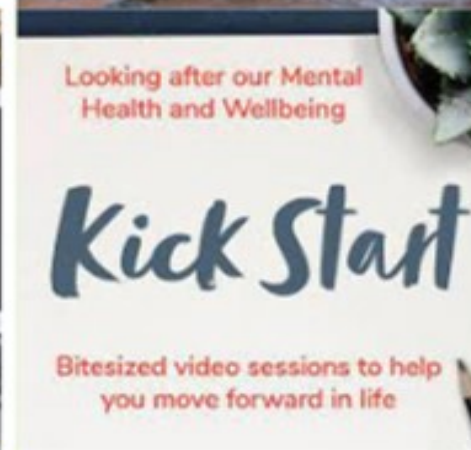
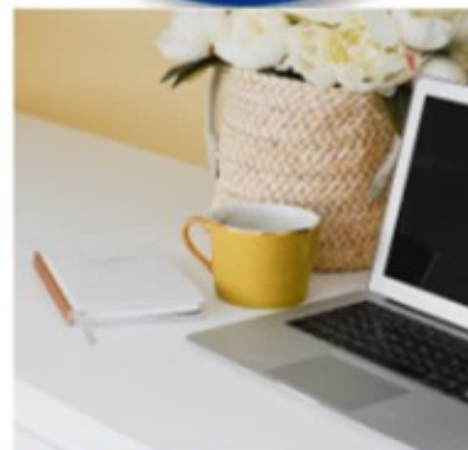
- We will also be running our three-session wellbeing course covering, Handling Habit, Anxiety & Worry and Handling Loss. These sessions are conversation-based.

These sessions will run on the 18th, 19th & 20th between 1:30 - 2:30

A stable internet connection is required.

- For more information, or to reserve a place, please email us on the email below. Spaces are limited.

kenpullen@opendoortrust.com



- From June 1st we will be changing the way we work with our clients.

For some clients, they need a face to face service, whilst others can access our help over the phone, or via video conferencing.

- With this in mind, we will be offering clients either option from June. This is going back to how we were working from September to December last year. All social distancing and regulations are still in place and will continue to be as part of government guidelines.

- Our face to face appointments will be held at the Open Door Centre on Hallfields Lane, Gunthorpe.

- To book an appointment with us, please phone 0800 328 0006.

For more information about our services please email me below.

- kenpullen@capuk.org

